

## Working Time Opt Out Agreement

**Print Name** 

Date

In accordance with the Working Time Regulations 1998, workers of this organisation are not required to work more than 48 hours per week.

This is averaged over a 17-week period. This means that a worker might work more than 48 hours in one week, and less in another during a 17 week period – as long as the average is not more than 48 hours.

Workers can opt out of this restriction on weekly hours. By signing this agreement, you indicate that you are prepared to work more than 48 hours in any week. This is not a guarantee that you will be offered work in excess of 48 hours in any week. This is just an indication that you are prepared to opt out of the restriction.

excess of 48 hours in any week. This is just an indication that you are prepared to opt out of the restriction. You are entitled to give 4 weeks' notice if you wish to cancel this agreement. Such notice should be given in writing. \_\_\_\_\_, agree to opt out of the requirement not to work more than 48 hours per week. I understand that I can give written notice of 4 weeks at any time to terminate this agreement. I understand that any work I complete where I wish to work more than 13 hours in a 24 hour period will be considered 'double shift' working and I will not be eligible to be placed to a contract if this has happened. I will ensure that I will notify ARC Labour Solutions of any occasion where this has happened, in order to protect my safety and others working around me. Signed **Print Name** Date If you choose not to sign the above agreement, you will not suffer any detriment. \_\_\_\_\_, choose not to opt out of the 48 hours limit. I agree to disclose any information about other employment to avoid exceeding the 48-hour limit. Signed